

boisehotyoga

Monday

6:00AM 60min Bikram
9:30AM Bikram
4:30PM 60min Bikram
4:30PM Kids Aerial
6:00PM Bikram

Tuesday

9:30AM 60min Bikram
11:00AM Inferno
4:00PM Bikram
6:00PM Vinyasa

Wednesday

6:00AM Bikram
9:30AM Bikram
4:30PM 60min Bikram
6:00PM Bikram
6:00PM Aerial Level I

Thursday

9:30AM 60min Bikram
11:00AM Inferno
4:00PM Bikram
6:00PM 60min Bikram

Friday

6:00AM 60min Bikram
9:30AM Bikram
4:30PM Vinyasa
6:00PM 60min Bikram

Saturday

8:00AM 60min Bikram
9:30AM Bikram
9:30AM BHY Kids Club
11:30AM Bikram
11:30AM Aerial Level II

Sunday

8:00AM Inferno
9:30AM Bikram
4:00PM Bikram
6:00PM Nidra

For More Information Visit:
www.boisehotyoga.com

Boise Hot Yoga
5634 W State Street
Boise, ID83703
(208) 385-9642
info@boisehotyoga.com
www.boisehotyoga.com